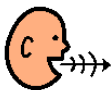


## Important things you should know about me:

- ❖ I may find it hard to communicate and follow instructions at first.
- ❖ You need to help me to understand by showing me what to do.
- ❖ I really like playing with my friends and am very sociable.
- ❖ I can be impulsive; help me to wait and explain things to me in a way I can understand
- ❖ Sometimes I like to have my own space and my carpet mat helps me to sit with others
- ❖ I need help to follow routines and use a now and next board
- ❖ I need help to concentrate and use a button timer
- ❖ I need to have a short work-break-work-break structure to my day
- ❖ I need a highly differentiated curriculum



### How I communicate:

- I am getting much better at expressing myself through words
- Sometimes my behaviour is me trying to tell you I am finding things confusing or difficult

### Things I like:

- Having time to play and be sociable
- Being given lots of praise
- Playing with other children
- Singing songs
- Stories with an adult
- Outside play
- Snack time



### Things I don't like:

- Having to wait too long
- Having too many instructions and demands at once
- Busy and noisy times in the classroom



## Things you can do to help me:

- Use positive language around me and to me
- Give me plenty of stickers, green faces, thumbs up and positive comments to show me that you are pleased with what I am doing.
- Make sure I have enough personal space.
- Distract me when you can see when things are about to go wrong
- Talk to me calmly and use minimal, simple and clear language when things go wrong
- Help me to take my turn in group/ class activities and tell me it will be my turn soon – don't let me wait too long.
- Point out the behaviour being modelled by others to encourage me to do the same.
- Have realistic expectations of me - differentiate your expectations so that they are achievable for me.
- Repeat instructions, using the same language and calmly, having given me time to process them and comply.
- Refer to my SSP
- Help me to calm down by saying "Stop" "Calm down" "Wait"