

# Thomas Whitehead Academy

## Physical Education and Sport Curriculum Map 2021-2022

		Key Stage 1			Lower Key Stage 2		Upper Key Stage 2	
		EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Aut 1	Challenge Sport	<b>Ball Skills</b>	<b>Tennis</b> (participate in individual and team games)	<b>Tennis</b> (participate in individual and team games)	<b>Tennis</b> (play competitive games)	<b>Tennis</b> (play competitive games)	<b>Tennis</b> (play competitive games)	<b>Tennis</b> (play competitive games)
	Teacher	<b>Fundamentals Intro to PE</b>	<b>Fielding Games</b> (participate in team games, developing simple tactics for attacking and defending)	<b>Fielding Games</b> (participate in team games, developing simple tactics for attacking and defending)	<b>Dodgeball</b> (play competitive games and apply basic principles suitable for attacking and defending)	<b>Dodgeball</b> (play competitive games and apply basic principles suitable for attacking and defending)	<b>Tag Rugby</b> (play competitive games and apply basic principles suitable for attacking and defending)	<b>Tag Rugby</b> (play competitive games and apply basic principles suitable for attacking and defending)
Aut 2	Challenge Sport	<b>Gymnastics</b>	<b>Hockey</b> (participate in team games, developing simple tactics for attacking and defending)	<b>Hockey</b> (participate in team games, developing simple tactics for attacking and defending)	<b>Hockey</b> (play competitive games and apply basic principles suitable for attacking and defending)	<b>Hockey</b> (play competitive games and apply basic principles suitable for attacking and defending)	<b>Hockey</b> (play competitive games and apply basic principles suitable for attacking and defending)	<b>Hockey</b> (play competitive games and apply basic principles suitable for attacking and defending)
	Teacher	<b>Fundamentals Multi-Skills</b>	<b>Story Time Dance</b> (perform dances using simple movement patterns)	<b>Ugly Bug Ball Dance</b> (perform dances using simple movement patterns)	<b>African Dance</b> (perform dances using a range of movement patterns)	<b>Line Dancing</b> (perform dances using a range of movement patterns)	<b>Bollywood Dancing</b> (perform dances using a range of movement patterns)	<b>Street Dance</b> (perform dances using a range of movement patterns)
Spr 1	Challenge Sport	<b>Dance</b>	<b>Football</b> (participate in team games, developing simple tactics for attacking and defending)	<b>Football</b> (participate in team games, developing simple tactics for attacking and defending)	<b>Football</b> (play competitive games and apply basic principles suitable for attacking and defending)	<b>Football</b> (play competitive games and apply basic principles suitable for attacking and defending)	<b>Football</b> (play competitive games and apply basic principles suitable for attacking and defending)	<b>Football</b> (play competitive games and apply basic principles suitable for attacking and defending)
	Teacher		<b>Groovy Gymnastics</b> (developing balance, agility and co-ordination)	<b>Groovy Gymnastics</b> (developing balance, agility and co-ordination)	<b>Groovy Gymnastics</b> (develop flexibility, strength, technique, control and balance)	<b>Gym Sequences</b> (develop flexibility, strength, technique, control and balance)	<b>Gym Sequences</b> (develop flexibility, strength, technique, control and balance)	<b>Gym Sequences</b> (develop flexibility, strength, technique, control and balance)
Spr 2	Challenge Sport	<b>Ball Skills</b>	<b>Basketball/Netball</b> (participate in team games, developing simple tactics for attacking and defending)	<b>Basketball/Netball</b> (participate in team games, developing simple tactics for attacking and defending)	<b>Basketball/Netball</b> (play competitive games and apply basic principles suitable for attacking and defending)	<b>Basketball/Netball</b> (play competitive games and apply basic principles suitable for attacking and defending)	<b>Basketball/Netball</b> (play competitive games and apply basic principles suitable for attacking and defending)	<b>Basketball/Netball</b> (play competitive games and apply basic principles suitable for attacking and defending)
	Teacher	<b>Fundamentals Gymnastics</b>	<b>Skip to the Beat</b> (develop balance, agility and co-ordination)	<b>Skip to the Beat</b> (develop flexibility, strength, technique, control and balance)	<b>Boxercise</b> (develop flexibility, strength, technique, control and balance)	<b>Boxercise</b> (develop flexibility, strength, technique, control and balance)	<b>Boot Camp</b> (develop flexibility, strength, technique, control and balance)	<b>Fitness Frenzy</b> (develop flexibility, strength, technique, control and balance)
Sum 1	Challenge Sport	<b>Striking, net and wall games</b>	<b>Cricket</b> (participate in team games, developing simple tactics for attacking and defending)	<b>Cricket</b> (participate in team games, developing simple tactics for attacking and defending)	<b>Cricket</b> (play competitive games and apply basic principles suitable for attacking and defending)	<b>Cricket</b> (play competitive games and apply basic principles suitable for attacking and defending)	<b>Cricket</b> (play competitive games and apply basic principles suitable for attacking and defending)	<b>Cricket</b> (play competitive games and apply basic principles suitable for attacking and defending)
	Teacher		<b>Active Athletics</b> (master basic movements including running, throwing and catching)	<b>Active Athletics</b> (master basic movements including running, throwing and catching)	<b>Active Athletics</b> (master basic movements including running, throwing and catching)	<b>OAA</b> (take part in outdoor and adventurous activity challenges both individually and within a team)	<b>Swimming</b> (swim competently, confidently and proficiently using a range of strokes over a distance of at least 25 metres and perform safe self-rescue in different water-based situations)	<b>OAA</b> (take part in outdoor and adventurous activity challenges both individually and within a team)
Sum 2	Challenge Sport	<b>Athletics</b>	<b>Athletics</b> (master basic movements including running, throwing and catching)	<b>Athletics</b> (master basic movements including running, throwing and catching)	<b>Athletics</b> (use running, jumping and throwing in isolation and compare their performances and demonstrate improvement to achieve their best)	<b>Athletics</b> (use running, jumping and throwing in isolation and compare their performances and demonstrate improvement to achieve their best)	<b>Athletics</b> (use running, jumping and throwing in isolation and compare their performances and demonstrate improvement to achieve their best)	<b>Athletics</b> (use running, jumping and throwing in isolation and compare their performances and demonstrate improvement to achieve their best)
	Teacher		<b>Rounders</b> (play competitive games and apply basic tactics)	<b>Rounders</b> (play competitive games and apply basic tactics)	<b>Rounders</b> (play competitive games and apply basic tactics)	<b>OAA</b> (take part in outdoor and adventurous activity challenges both individually and within a team)	<b>OAA</b> (take part in outdoor and adventurous activity challenges both individually and within a team)	<b>Swimming</b> (swim competently, confidently and proficiently using a range of strokes over a distance of at least 25 metres and perform safe self-rescue in different water-based situations)